Hyperlipidemia has been controlled well in this population with statin therapy, but without the therapy, hyperlipidemia would be viewed in a much graver light, just as hypertension is, in affecting carotid stenosis. Therefore, lowering lipids and blood pressure, especially for diabetics who are in the high-risk group for cardiovascular disease, is essential in maintaining healthier arteries and keeping atherosclerosis from building up.17

Jose F. Pena and Roel Contreras are clinicians at Donna Medical Clinic in Donna, Texas. Daniel R. Contreras is a student at Northeastern University in Boston.

References